Population Served

The CCBT-Child Division primarily serves clients up to age 18 years with problems related to inattention, impulsivity, hyperactivity, anxiety, trauma, depression, and/or disruptive behavior. Because our clinic is not designed to assess or treat youth with pervasive developmental delays or thought disorders, youth with these problems are accepted only on a case-by-case basis.

Cost

Clients referred by the Departments of Education or Health pay no out-of-pocket costs. Privately referred clients are accepted only when openings are available and are provided services on a sliding fee scale based on household income and size. No third party insurance is accepted. Please contact (808) 956-9559 for more information.

Mailing Address:
2530 Dole St. Sakamaki C-400
Honolulu, HI 96822
Phone: (808) 956-9559
Fax: (808) 956-2218
What is ADHD?

Attention-Deficit/Hyperactivity Disorder (ADHD) is a common problem occurring in about 3% to 7% of children. Youth with ADHD have difficulty with self-control and consistently maintaining focused attention. ADHD is a neuro-developmental delay, much like other learning disabilities. Youth with ADHD also often experience academic failure, poor peer and family relationships, delinquency, and substance use. Although ADHD can persist over a lifetime, there are evidence-based treatments that help with symptom relief, overall functioning, and success in life.

How do I know if my child has ADHD?

A thorough evaluation is needed to diagnose ADHD. Youth referred for an ADHD evaluation often experience one or more of the following symptoms:

- Difficulty remembering what they are told by adults
- Trouble planning ahead and following through
- Difficulty sitting still and staying focused
- Difficulty controlling their emotions and impulses
- Unexplained academic struggles
- Difficulty following rules and expectations

Description of Evaluation

We offer comprehensive assessments to youth referred to the ADHD clinic. This involves child and parent interviews and the completion of questionnaires by the child, parent, teacher(s), and other important adults in the youth’s life (e.g., counselor, therapist, pediatrician). When there is concern about co-occurring conditions (e.g., specific learning disabilities) we will administer additional tests as needed (e.g., intelligence, achievement tests).

Description of Treatment

Once an evaluation has been completed, treatment service may be offered at our clinic. We provide evidence-based psychosocial treatments (e.g., teaching adults how to successfully manage and support the ADHD youth; helping teens and young adults manage their ADHD) for youth with ADHD alone or for those with additional challenges (e.g., disruptive behavior, anxiety, mood, or learning problems). We do not offer medications at our clinic, but for those youth receiving medications, we work with community physicians so that treatments are well coordinated. Measures of client outcome and progress are reviewed prior to, during, and at the conclusion of treatment.

Documentation

Our referral process is simple and requires only a few steps. First, please call us by phone at (808) 956-9559 to let us know you are interested receiving services from our clinic.

If services are being requested from the Departments of Education or Health, referral sources are asked to fax the following to (808) 956-2218:

1. The consent for evaluation or the consent for release of information (signed by the youth's legal guardian)
2. Current contact information for the youth's legal guardian

Consent forms include any document indicating (a) the legal guardian’s consent for evaluation or exchange of information and (b) the procurement of CCBT services by the DOE or the DOH.

We also request that as much of the following be provided to us via fax or mail:

- Documents from the youth’s current or past IEP meetings
- Teacher-report forms (i.e., BASC-2, ASEBA)
- Student Status Reports
- Past mental health evaluation reports for the youth, recent report cards, attendance records, prior mental health treatment summaries, and intellectual and achievement evaluations.